

## **Education: Information Technologies, Cyber violence and bullying at schools.**

QED'17 UNESCO International Workshop: Children in the Digital Era

September 20<sup>th</sup>. , 2017 Sofia, Bulgaria

### **Abstract**

The development of technology, modernity and mobility, as well as their constant innovation require cooperation and partnership between users and information and communication technologies. Like any innovation, however, they also have a negative impact and effect on human health. One such manifestation is cyberbullying and cyber-aggression in childhood and adolescence.

Cyberbullying is done by means of electronic communication and technologies. The distinguishing feature of the classical "harassment" is that the physical environment has been replaced by the electronic one and precisely because of this, the functionality of the technology provides a wider and more infinite number of opportunities for action.

The main purpose of the Round Table is to discuss and present the theoretical basis, arguing that there is no single valid explanation for aggressive behavior, regardless of its context and forms of realization. Another fundamental goal is to raise awareness of the various possible causes of aggression in the family and family environment in order to be able to choose a holistic approach and the most appropriate impact tool. A widespread preconception among Bulgarian teachers- that aggressive behavior, whether it is caused by just bad education, pathological angry outbursts or playing aggressive computer games- has one reason and one solution, will be discussed.

Part of the material is published in the Trainer's Manual, issued for the project BG051PO001-3.1.03-0001 "Qualification of Pedagogical Specialists" under the Operational Program "Human Resources Development", which for the period 2013-2014 provides trainings and subsequent distance consultations on 13 000 pedagogical specialists from all over the country on topics of prevention of aggression, violence and other behavioral manifestations in school.

### **Target Audience**

Parents and professional organizations, representatives of schools and universities.

### **Length**

1 hour and 45 minutes

### **Workshop Objectives**

Identifying action steps to prevent and overcome cyber-aggression.

### **Workshop Format**

Round table discussion

## Preliminary Program

14:00 – 15:00	Aggression and Cyber aggression
15:00 – 15:30	Presentation of ideas and methods for tackling cyber-aggression

## Expected results

Ideas and techniques for parents and teachers how to prevent and cope with cyber-aggression